

Improve Your Child's Self-confidence, Focus, and General Health this Fall with LINX Performing Arts Classes

By Grace Tummino, LINX Marketing Specialist

Did you know that participation in performing arts classes this fall can help your child improve self confidence, study skills, and overall health? Learning to dance or act requires focus, determination, practice, and patience, all of which are all needed for a successful school year. LINX specializes in award winning Theater and Dance classes for all ages with the goal of fun and learning. The physical activity, team or cast environment, and focus on technical training found in both theater and dance classes will help enhance your child's ability to take on the everyday academic and social challenges of the school year. Most importantly, children gain benefits while doing something they love!

LINX Theater offers a wide variety of voice and theater classes for children 3 years to 12th grade. Participation in a theater class can help your child develop the ability to be heard, to give comfort through laughter, and to feel confident in difficult situations. LINX's Director of Theater Programs, Todd Morse, is confident in the program benefits. "It is our mission at LINX Theater to create a strong foundation of creativity and self-confidence in all our players so that, no matter what schooling or occupation they pursue, they can always draw on these roots and stand out from the crowd."

Theater Class Program Benefits:

- Grow in confidence and creativity
- Foster teamwork and friendships
- Learn and improve vocal projection, stage presence and technique
- Explore dramatic elements through song and dance
- Learn to combine movement and singing
- Learn acting through choice and imagination, not just mimicry

LINX Dance classes involve aerobic activity along with mental focus to learn dance routines. This kind of activity helps improve both physical and mental fitness. LINX Dance classes include ballet, hip-

hop, breakdancing, tap, lyrical, jazz, acro tumbling and more. With the help of highly qualified dance instructors, children in preschool through high school are inspired to reach their individual potential. According to LX Dance Director Heather Emley, "LINX Dance Studio prides itself on providing strong technical classes while creating a fun and encouraging environment for all dancers."

Dance Class Program Benefits:

- Develop confidence, coordination, creativity, grace, musicality, rhythm, and technique
- Foster true camaraderie and lasting friendships
- Learn self-expression, discipline, and passion
- Enhance physical and mental fitness through professional training in recreational or competitive classes

What to expect from LINX Theater and Dance Classes

Theater and Dance classes for all ages are professionally taught and take place at LINX headquarters in Wellesley, MA. Theater classes have the benefit of an extensive collection of costumes, props, scenery, stage sets, and use of LINX's own Black Box Theater. Dance classes take place in 4 state of the art dance studios and an acro room, enhanced with Marley sprung floors to help prevent harsh injuries and repeated collisions.

Learn more about LINX's Fall 2015 Theater and Dance programs by visiting <http://www.linxclasses.com>, or call 781-235-3210 to speak with a friendly staff member.

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