



Lisa Keohane, Mom, Educator, Volunteer

I received the highest compliment I could ever hope to receive recently from a woman I've met only a couple of times in my community. She told me she was introduced to my youngest teenage son at a football game and wanted to let me know that he was very nice and that she enjoyed meeting him. She then added that I should know all my boys (ages 18, 16, and 14) have the reputation of being kind and respectful young men. She did not use smart, funny, athletic, handsome, or any other compliment, she used the words "kind" and "respectful". For me, this is the highest compliment I could ever receive about my sons who are all smart, funny, athletic, and handsome (what mom does not think this about her sons). I strongly believe being kind and respectful to one another is something that we should not only model as adults but should teach our children. This woman's compliment gave me a "we must be doing something right moment" as a parent, what a great feeling!

My name is Lisa Keohane and I have been lucky enough to have been selected as the **Massachusetts Regional Bully Project Volunteer for the state of Massachusetts**. I became involved in The Bully Project to help raise awareness about bullying with the goal of sending a strong message about the importance of kindness and respect for one another. Let's teach our children that being kind and respectful are the highest compliments they could ever receive and are qualities that are needed for a bright and happy future. Let's work together to change our culture and promote kindness and respect. Please join by going to

The Bully Project at www.thebullyproject.com

The BULLY Project Massachusetts Facebook page at www.facebook.com/pages/The-BULLY-Project-Massachusetts/548777158503128.